

Crimson Sky



Members of the U.S. military, Royal Australian Air Force, and Japan Air Self-Defense Force stand in formation to start Exercise Cope North 20 (CN20), at Andersen Air Force Base, Guam, Feb. 12, 2020. CN20 is an annual trilateral field training exercise conducted at Andersen AFB, and around the Commonwealth of the Northern Mariana Islands (CNMI), Palau, and Yap in the Federated States of Micronesia. (U.S. Air Force photo by Senior Airman Gracie Lee)

US, Japan, Australian forces kick off COPE NORTH 2020

By Staff Sgt. Greg Nash
Cope North Combined Joint Information Bureau

ANDERSEN AIR FORCE BASE, Guam
-- More than 100 aircraft will soar over the Commonwealth of the Northern Mariana Islands and the Federated States of Micronesia as U.S. forces, Koku Jieitai (Japan Air Self-Defense Force or JASDF) and the Royal Australian Air Force collaborates during exercise COPE NORTH, Feb. 12-28.

Approximately 2,000 military personnel will hone their skills to increase combat readiness and interoperability during the annual trilateral field training exercise. Humanitarian assistance and disaster relief exercises and strike mission training will be conducted during the first week, while

air combat tactics and a large-force employment training takes place the second week.

"This exercise is a model opportunity for our countries to participate in world-class training and expand engagements to strengthen our interoperability," said U.S. Air Force Col. Scott Rowe, COPE NORTH exercise director. "It validates new ways to deploy and maneuver people and assets, which ultimately enhances our capacity and capability to foster a free and open Indo-Pacific."

Teams will face various challenges during the 17-day event by focusing on integrating and refining best practices for coordinating combined air tactics, techniques and procedures.

Part of the HADR training scenario is a medical evacuation from Rota to Guam featuring

aeromedical evacuation doctors and crews. All three nations will work together during the crisis response scenario to provide airborne command and control, combat jumps, joint terminal attack controllers, and bilateral training with the military working dogs and security forces.

"Training programs such as exercise COPE NORTH provides invaluable opportunities to test operational air and ground crews to the highest level," said RAAF Group Captain Mark Larter, Multinational Task Force commander. "For the first time, U.S. Pacific Air Forces has invited the Royal Australian Air Force to lead the HADR mission to demonstrate combat readiness, humanitarian assistance procedures and interoperability between the forces of the United States, Australia and Japan."

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Wolf Pack connects with Heritage: "Continue to pursue excellence"



U.S. Air Force Col. Tad Clark, 8th Fighter Wing commander, speaks to members of the Wolf Pack about wing heritage at Kunsan Air Base, Republic of Korea, Feb. 7, 2020. Clark's recent visit to Vietnam inspired him to share his experience of the visit and of the wing's role during the Vietnam War. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ▲

By Staff Sgt. Anthony Hetlage
8th Fighter Wing Public Affairs

KUNSAN AIR BASE, Republic of Korea -- Col. Tad "Wolf" Clark and Chief Master Sgt. Steve "Wolf Chief" Cenov hosted their third commander's call for the members of the Wolf Pack to highlight the heritage of the wing, the base's dynamic battle rhythm and quality of life achievements for the past few months, Feb. 6.

The 8th Fighter Wing commander and command chief began the all call by elaborating on the history of the wing that dates back to 1923. Clark's recent visit to Vietnam inspired him to share what resonated with him about the wing's role in the Vietnam War during his trip.

"I got to see first-hand, the remarkable role our wing played," said Clark. "Our wing's jets were the first-ever to use laser-guided bombs and were able to take out two of the North Vietnamese's most heavily defended supply lines in the Doumer Bridge and Ham Rong Bridge and I got to see the current Doumer Bridge. It was great to see the significant role we played."

U.S. Air Force Chief Master Sgt. Steve Cenov, 8th Fighter Wing command chief, host's the third commander's call for the members of the Wolf Pack at Kunsan Air Base, Republic of Korea, Feb. 7, 2020. The commander's call focused on caring for the team, enhancing quality of life and wing heritage. (U.S. Air Force photo by Staff Sgt. Anthony Hetlage) ▼



Afterwards, Cenov highlighted Kunsan AB's busy battle rhythm to acknowledge just how much the wing accomplishes daily throughout its ranks and units in a single year.

"We have an amazing history and the reason we have an amazing history is because we have an amazing team," said Cenov. "Our tempo has been very high. We have to fly, train, conduct turnover and more. It doesn't matter what your rank is, we all have to take care of each other."

Next, Clark and Cenov highlighted the major successes and progress made in enhancing the quality of life at Kunsan AB, furthering the wing's line of effort, "care for the team."

"We have generals visiting on a frequent basis to see the Wolf Pack," said Cenov. "Generals come because they respect us and they want to hear what our challenges and concerns are and we tell them based on the feedback we receive from you."

"We demand a lot from you as Airmen and we owe it to you to do everything we can to supply you with the things you need," said Clark. "When we got here in May, zero dorm elevators were in

operation. It was a team effort to get all of those elevators working again, everything from financing, installing, to certifying those parts."

The two leaders invited Tech Sgt. Devin Kennedy, 8th Civil Engineer Squadron Airman dorm leader to inform the Wolf Pack about different ways to further improve communication regarding dormitory concerns.

"Wolf and Wolf Chief have personally walked through the dorms. We created a facility maintenance team to mitigate issues as much as possible," said Kennedy. "For smaller scale issues, we also have self-help videos to show you how to alleviate certain issues like a clogged sink on sharepoint. Also, each dorm has a council that you can share innovative ideas or improvements with."

Lastly, Clark and Cenov closed by highlighting the importance of the mission and the Wolf Pack members.

"The message from senior leadership from this base has always been, 'don't worry about making mistakes, pursue excellence;' and you all answered that challenge," said Cenov.

A U.S. Air Force B-52H Stratofortress from Minot Air Force Base, North Dakota, six F-16 Fighting Falcons and four Japan Air Self-Defense Force F-2s from Misawa Air Base, Japan, fly in formation off the coast of Northern Japan as part of a combined Continuous Bomber Presence and Bomber Task Force mission, Feb. 3, 2020. U.S. Strategic Command's bomber forces regularly conduct combined theater security cooperation engagements with allies and partners, demonstrating U.S. capability to command, control and conduct bomber missions around the world. (Courtesy photo by the Japan Air Self-Defense Force)



US, Japan bomber-fighter integration showcases alliance, global power projection

Pacific Air Forces Public Affairs

JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- U.S. Air Force aircraft from the Pacific theater and the continental United States integrated with the Koku Jieitai (Japan Air Self Defense Force or JASDF) to conduct bilateral and theater familiarization training near Japan Feb. 3.

A U.S. Air Force B-52H Stratofortress bomber from Andersen Air Force Base, Guam, flew north to join one B-52H from Minot Air Force Base, North Dakota, in the vicinity of Misawa Air Base, Japan, as part of a combined Continuous Bomber Presence (CBP) and Bomber Task Force (BTF) mission.

The two bombers subsequently conducted bilateral joint training with 13 JASDF F-2s, four F-4s, and 28 F-15s, and six U.S. Air Force F-16s in the vicinity of Japan before



A U.S. Air Force B-52H Stratofortress, assigned to the 69th Expeditionary Bomb Squadron, deployed from Minot Air Force Base, North Dakota, receives fuel from a U.S. Air Force KC-135 Stratotanker assigned to the 191st Air Refuelling Squadron, Wright Air National Guard, Utah, after taking off from Andersen Air Force Base, Guam, Feb. 3, 2020. Continuous Bomber Presence deployments provide opportunities to advance and strengthen alliances, as well as strengthen long-standing military-to-military partnerships. (U.S. Air Force photo Airman 1st Class Helena Owens)



U.S. Air Force Capt. Wesley Fite, a 5th Operation Support Squadron pilot attached to the 69th Expeditionary Bomb Squadron, deployed from Minot Air Force Base, North Dakota, (left) and U.S. Air Force Capt. Patrick Mason, a pilot with the 69th Expeditionary Bomb Squadron (right), prepare for takeoff in a B-52H Stratofortress at Andersen Air Force Base, Guam, Feb. 3, 2020. U.S. Strategic Command has conducted bomber task force missions since 2014 as a demonstration of the U.S. commitment to collective security, and to integrate with Geographic Combatant Command operations. (U.S. Air Force photo by Senior Airman Zachary Neal) ▲

returning to Andersen.

Collectively, the flights from the Indo-Pacific and continental United States demonstrate U.S. commitment to allies and partners through the global employment of military forces.

“For more than 60 years, the U.S.-Japan Alliance has been the cornerstone of stability and security in the region. The integration of bomber aircraft operations in the Indo-Pacific, alongside our Koku Jieitai partners, provides a significant opportunity to enhance our combined readiness, promote interoperability, demonstrate our global power projection and provide transparency across the region,” said Gen. CQ Brown, Jr., Pacific Air Forces commander. “This mission fully demonstrates our enduring commitment to a Free and Open Indo-Pacific and our willingness to defend our interests and the freedoms enshrined in international law.”

U.S. Strategic Command’s bomber forces regularly conduct combined theater security cooperation engagements with allies and partners, demonstrating U.S. capability to command, control and conduct bomber missions around the world.

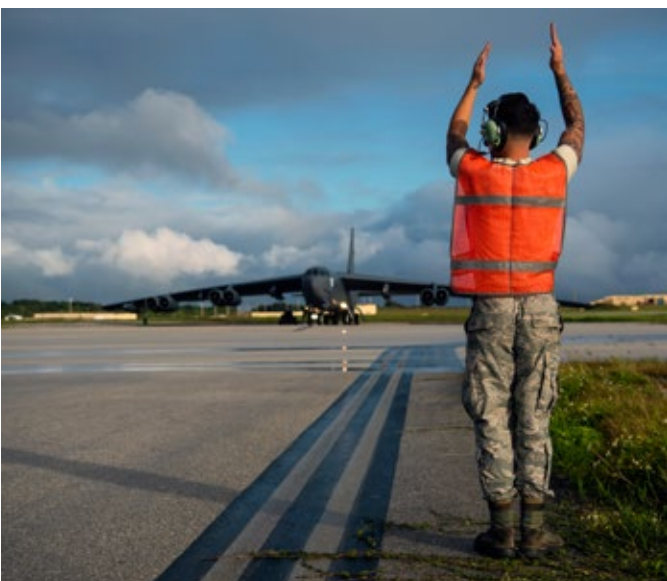
“This mission demonstrates the flexibility, long reach and responsive nature of our bomber force as we continue to assure our allies and deter aggressors globally,” said Maj. Gen. James Dawkins, Jr., Eighth Air Force and Joint-Global Strike Operations Center commander. “Joint and multinational integration provides an excellent opportunity for our Airmen to maintain their readiness and hone their global strike capability.”

The bombers from Guam are assigned to the 69th Expeditionary Bomb Squadron out of Minot AFB, North Dakota, deployed in support of U.S. Indo-Pacific Command’s CBP operations. Pacific Air Force’s have flown CBP operations for more than 15 years in support of a free and open Indo-Pacific. These missions routinely operate throughout the region in accordance with international law and norms.

The F-16s are assigned to the 35th Fighter Wing from Misawa Air Base, Japan.

U.S. Strategic Command has conducted bomber task force missions since 2014 as a demonstration of the U.S. commitment to collective security, and to integrate with Geographic Combatant Command operations. The first mission included B-52Hs and B-2 Spirits traveling from the continental United States to Joint Base Pearl Harbor Hickam in April 2014.

Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.



Senior Airman Patrick Cervoni Valentin, 69th Aircraft Maintenance Squadron dedicated crew chief, marshals a B-52H Stratofortress before a flight at Andersen Air Force Base, Guam, Feb. 3, 2020. Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe. (U.S. Air Force photo by Airman 1st Class Michael S. Murphy) ◀

Airmen assigned to the 69th Expeditionary Aircraft Maintenance Squadron inspect a B-52H Stratofortress engine before a flight at Andersen Air Force Base, Guam, Feb. 3, 2020. Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe. (U.S. Air Force photo by Airman 1st Class Michael S. Murphy) ▶



An Airman assigned to the 69th Expeditionary Aircraft Maintenance Squadron conducts a pre-flight inspection on a U.S. Air Force B-52H Stratofortress, assigned to the 69th Expeditionary Bomb Squadron, deployed from Minot Air Force Base, North Dakota, at Andersen Air Force Base, Guam, Feb. 3, 2020. Continuous Bomber Presence is a key component to improving both joint service and combined interoperability. (U.S. Air Force photo by Senior Airman Zachary Neal) ◀



U.S. Air Force Airman 1st Class Richard Flagg, 67th Aircraft Maintenance Unit crew chief, shows off his new maintenance shorts Jan. 23, 2020, at Kadena Air Base, Japan. The shorts are intended to alleviate some of the heat stress maintenance Airmen experience while operating under the hot Okinawa sun. (U.S. Air Force photo by Senior Airman Rhett Isbell)

Shogun maintainers cool off with new shorts

By Staff Reports
18th Wing Public Affairs

KADENA AIR BASE, Japan -- As the Okinawa sun beats down on the flight line, Airmen at Kadena Air Base, Japan, must get creative in order to beat the heat and humidity. To help Airmen combat the blazing temperatures, the Air Force had an ace up its sleeve: blue uniform shorts.

18th Maintenance Group Airmen were issued shorts to wear on the flight line to alleviate some of the heat stress soon to be brought on by the hot, Okinawan summers. Flight line authorization of the shorts was a direct result of feedback provided from maintenance Airmen to their leadership.

"We started noticing maintenance organizations in hot weather environments across the Air Force allowing their Airmen the option to wear shorts," said Chief Master Sgt. Gregory Austin, 18th Maintenance Group superintendent. "Our commander was fully onboard in getting shorts approved for our maintainers and told me to make it happen. When my Airmen need something, it's my job as a Chief to make sure they get it."

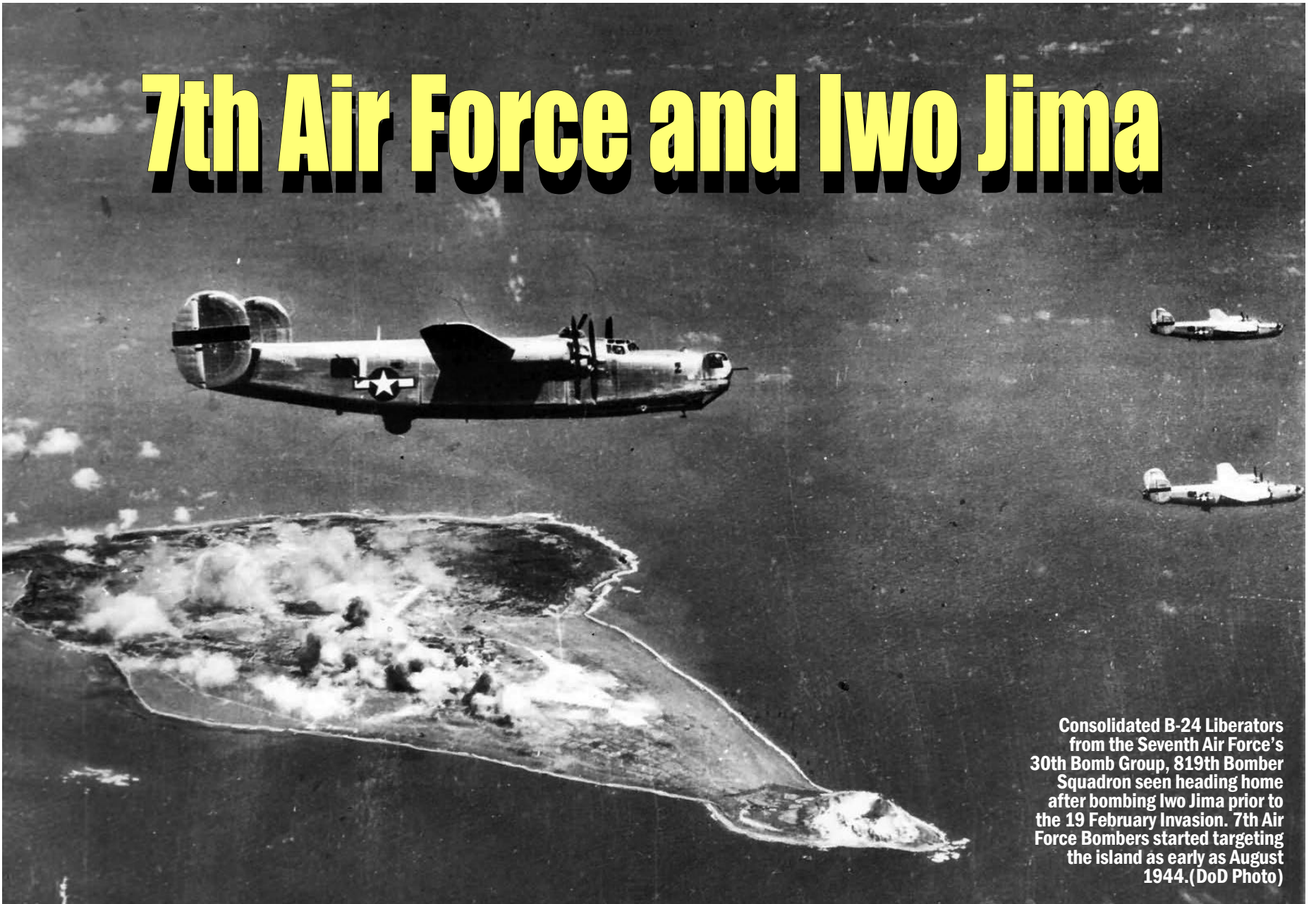
Other bases that struggle with hot climates, such as Nellis Air Force Base in Nevada, Luke AFB in Arizona and Tyndall AFB in Florida, began issuing shorts to Airmen last summer.

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U.S. Air Force Airman 1st Class Richard Flagg, 67th Aircraft Maintenance Unit crew chief, performs pre-flight checks on an F-15C Eagle Jan. 23, 2020, at Kadena Air Base, Japan. This was the first time maintenance Airmen were authorized to work in shorts on Kadena Air Base. (U.S. Air Force photo by Senior Airman Rhett Isbell)

7th Air Force and Iwo Jima



Consolidated B-24 Liberators from the Seventh Air Force's 30th Bomb Group, 819th Bomber Squadron seen heading home after bombing Iwo Jima prior to the 19 February Invasion. 7th Air Force Bombers started targeting the island as early as August 1944. (DoD Photo)

7 AF History Office

This February marks the 75th Anniversary of the Battle of Iwo Jima, also known as Operation Detachment.

During the course of the 36-day battle, the United States Marine Corps' V Amphibious Corps suffered over 6,000 deaths and more than 24,000 casualties. Imperial Japanese forces on the Island incurred over 22,000 deaths over the course of the operation. The Marines would see the heaviest casualties in its history during a single action while taking the island. Seizing Iwo Jima had more to do with capturing airfields for the Army Air Force than for the Marine Corps or Navy. By taking the island the Air Force would have an emergency airfield for Boeing B-29 Superfortresses coming back from missions over mainland Japan; it also presented a base from which long-range escort fighters could launch to help protect the B-29s.

On 10 August 1944, Consolidated B-24 Liberators from the Seventh Air Force targeted Iwo Jima for the first time. These bombers faced Japanese fighters based on Iwo Jima and nearby Chichi Jima. B-24 missions would continue, intensifying as the invasion drew closer. For 74 consecutive days Seventh Air Force B-24 Liberators targeted Iwo Jima. Airmen from

the Seventh came ashore alongside Marines from the 3d Marine Division within the first week of fighting. The Airmen were part of a ground echelon from the 15th Fighter Group, sent ashore to help establish the airfields for fighter operations. Fighting was still ongoing all over the Island. The airfield wasn't secure when they landed.

The first North American P-51D Mustangs were flown in from Saipan on 6 March, the day Airfield One (South Field) was declared operational on Iwo Jima. Seventh Air Force Mustangs started flying missions a few days later at the request of the Marines who were still involved in heavy fighting there: Mustang pilots undertook close air support (CAS) missions to destroy enemy defensive positions on Iwo Jima. On 22 March 1945, a second group of Mustangs from the 21 FG (7 AF) were beddown on Airfield Two (Central Field). With two Groups on Iwo Jima, the Mustangs could begin their primary mission of flying very long range (VLR) escort missions for the Super Fortresses. Prior to their first VLR mission, Airfield Two was attacked by 300 Japanese soldiers, killing 14 and wounding 50 men from the 21 FG; this was considered the last organized attack taken by the Japanese on Iwo Jima.

On 7 April 1945, the first of many VLR escort missions was flown.



A heavily battle damaged P-51D Mustang from the 45th Fighter Squadron, Seventh Air Force, makes an emergency landing on Airfield One (South Field) with Mount Suribachi in the background. (DoD Photo)



A Northrop P-61A Black Widow serial number 42-5610, named "Midnite Madness" from the 548th Night Fighter Squadron taxis past a lineup of P-51D Mustangs from the 47th Fighter Squadron on Iwo Jima. (DoD photo)



Major James B. Tapp seen preparing his Mustang's for a strike mission. Major Tapp of the 78th Fighter Squadron was one of three pilots from the Seventh to earn the title ace while operating off Iwo Jima. The other two were Major Harry C. Crim, 531st Fighter Squadron, and Major Robert W. Moore, who flew with both the 78th and 45th Fighter Squadrons was the top scorer with 11 aerial victories. (DoD Photo)

Mustangs escorted more than 100 B-29 Superfortresses to attack the Nakajima Engine factory in Tokyo. The P-51 pilots claimed 21 enemy aircraft destroyed for the loss of one P-51. Both of Seventh Air Force's Fighter Groups (15 FG and 21 FG) would earn the Distinguished Unit Citation for the mission. While operating from Iwo Jima, Seventh Air Force pilots would claim a total of 182 enemy aircraft in air-to-air combat.

Although the P-51 were the most numerous aircraft on Iwo Jima, the Mustangs shared the island with Marine and Navy squadrons, P-61 Black Widow Squadrons, and damaged B-29 Superfortresses. Seventh Air Force deployed two P-61 Night Fighter Squadrons (NFS) to the Island in March (the 548 and 549). The first Seventh Air Force Night Fighter Squadron on Iwo became

operational on 7 March, the second one on 24 March 1945, providing nocturnal defense of the island. The 548th Fighter Squadron would later deploy to Ie Shima, Okinawa, while the latter squadron (the 549th) would remain on Iwo Jima until the end of the war similar to the Mustang Squadrons stationed on the Island.

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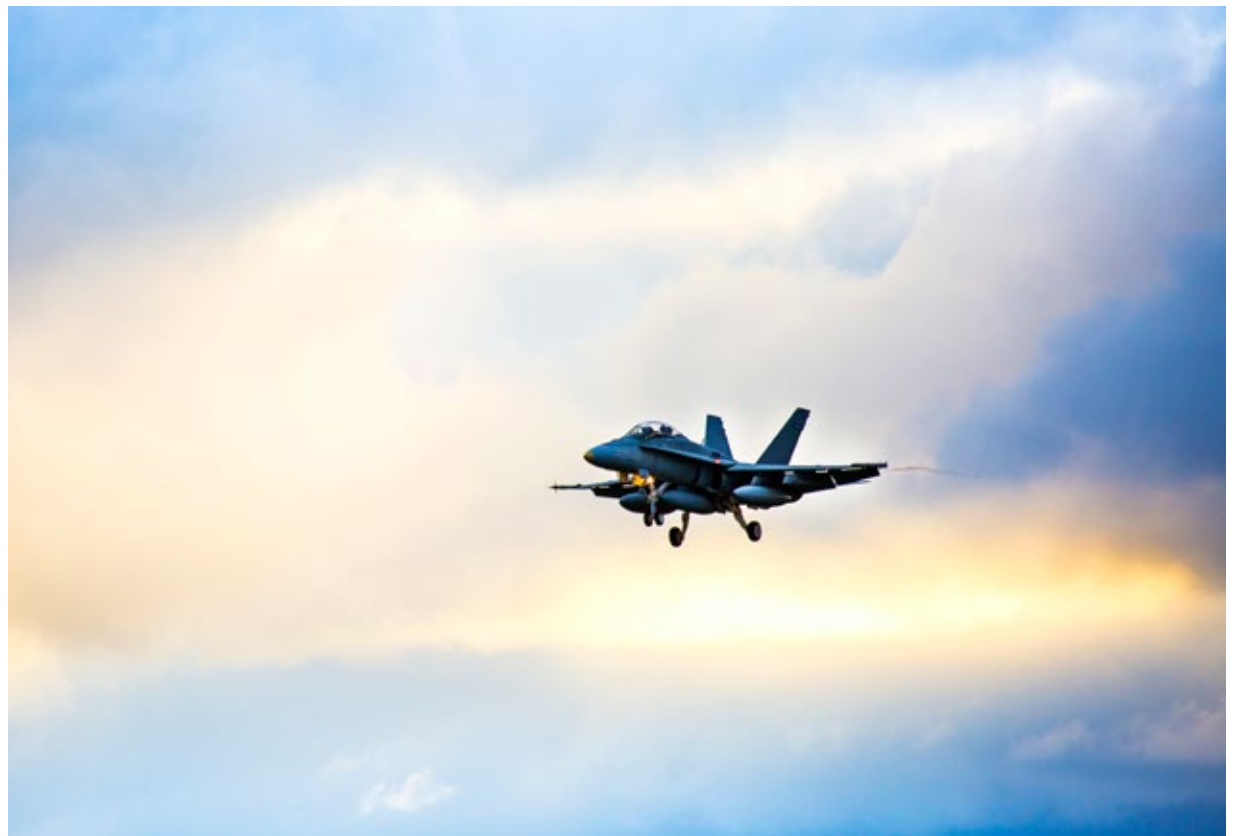
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COPE NORTH — originally a quarterly exercise between the U.S. and Japanese air forces in Misawa, Japan — was moved to Guam in 1999. RAAF joined in 2011 to strengthen the trilateral relationships and further integrate HADR operations and a large-force employment exercise. The now-annual exercise is designed to promote stability and security throughout the Indo-Pacific and continues to evolve throughout the years.

"I had participated in COPE NORTH as a young pilot about 17 years ago," said Koku Jieitai Col. Katsushi "Kitty" Hashimoto. "I am pleasantly surprised to see how much this exercise has evolved over time. It literally shows the evolution of our already strong relationship among U.S., Australia and Japan."

This year marks the first time the Japan Maritime Defense Force is bringing a US-2 ShinMaywa amphibious aircraft to incorporate personnel recover missions.

"I am very confident this exercise will further enhance our combat capability and strengthen our alliance more than ever before," Hashimoto said.



A Royal Australian Air Force (RAAF) 77 Squadron F/A-18 Hornet arrives prior to the start of Exercise COPE NORTH 20 (CN20) at Andersen Air Force Base, Guam, Feb. 10, 2020. CN20 is a Pacific Air Forces sponsored multilateral field training exercise involving the United States, Japan Air Self-Defense Force and the RAAF. (Royal Australian Air Force photo by CPL David Said) ▲

A U.S. Air Force F-16 Fighting Falcon assigned to the 35th Fighter Wing, Misawa Air Base, Japan, arrives prior to the start of Exercise COPE NORTH 20 (CN20) at Andersen Air Force Base, Guam, Feb. 10, 2020. CN20 is a Pacific Air Forces sponsored multilateral field training exercise involving the United States, Japan Air Self-Defense Force and the RAAF. (Royal Australian Air Force photo by CPL David Said) ▼



A Japan Air Self-Defense Force (JASDF) F-15MJ Eagle assigned to the 304th Squadron, Naha Air Base, Japan, lands at Andersen Air Force Base, Guam, Feb. 11, 2020. Exercise CN20 is an annual U.S. Pacific Air Forces trilateral field training exercise with participants from the U.S. Air Force, U.S. Navy, U.S. Marine Corps, JASDF and the Royal Australian Air Force. The primary intent of CN20 is to enhance coordination of combined air tactics, hone techniques and procedures while strengthening security and stability in the Indo-Pacific region. (JASDF photo by 1st Lt. Yu Ono) ▲





2 Infantry division, 8th Army and Korea Tourism Organization museum director, COL (R) William M. Alexander gives a vivid description of the chaos that took place on the morning of February 7th, 1951, during the famous bayonet charge up Hill 180. The Osan Air Base's military personnel and surrounding community come together annually to remember the historical site, here in South Korea. (U.S. Army photo by Staff Sgt. Jesse Untalan)

Putting Our Best Foot Forward: A Look Back at Hill 180

By Staff Sgt. Jesse Untalan
35th ADA Public Affairs NCOIC

OSAN AIR BASE, South Korea -- On a chilly hilltop, participants and onlookers gather to observe and commemorate the 69th anniversary of the bayonet charge up Hill 180, where American and South Korean forces were once engaged in active conflict in the area.

This year's observance was hosted by 3rd Battlefield Coordination Detachment, Veterans of Foreign Wars Post 8180, and supported by neighboring units and organizations, from the local girl scouts, to the Osan Air Base USO, and 8th Army band.

Along with combat, there are other roles and traditions deeply embedded in the very fabric of military service. One such role is that of the rifle party, which has a long history, dating back to the European Dynastic Wars of 1688-1748.

The 3 fire volley was provided by the 35th Air Defense Artillery Brigade's rifle party; led by Sgt. 1st Class John Myers. According to Myers, it's important to "preserve and present a sense of respect and honor to those that came before; and emulate their dedication and professionalism."

The party was well practiced. They were out, rehearsing over the past week, making sure they



The memorial stone and plaque commemorating the actions of Capt. Millet and his men; the additional decorations and flags in place during the ceremony. Osan Air Base's military personnel and surrounding community come together annually to remember the historical site, here in South Korea. (U.S. Army photo by Staff Sgt. Jesse Untalan)

put their best foot forward; movements crisp and coordinated, and it showed. Roles such as the color guard and rifle party play a vital part in the history and traditions of military service. Drill and ceremony help reinforce and showcase these traditions.

“It shows the military’s dedication and profession of arms,” says Pvt. 1st Class Tyheem Wilson, one of the soldiers assigned to the firing party.

Though important in its own right, the party was just one component in such a historical event. Over the years, the South Korean landscape may have changed, but the area is still marked by a lone stone with a memorial plaque embedded in its face. This gives residents, visitors and passers-by a glimpse into the chaos of battle.

Images of that cold February day back in 1951 fill one’s head as the plaque is read. Cpt. Lewis Millet and his men made the bayonet charge up the hill in the face of enemy fire and most uncertain odds. These images made even more vivid as accounts of the event were read aloud by the ceremony’s key note speaker 2nd Infantry division, 8th Army and Korea Tourism Organization museum director, Col. (R) William M. Alexander. His historical retelling of the event revisited violent conflict that filled the air 69 years ago.

Each of the ceremony’s components came together; organized and coordinated, resulting in a well-executed observance. As the ceremony draws to a close, the stone stands, awaiting next year’s commemoration; and another opportunity to open a window to the past.



The ceremony’s firing party stand ready, awaiting the order to perform the 21 gun salute. The team was led by Sgt. 1st Class John Myers and team, soldiers from the 35th Air Defense Artillery Brigade. Osan Air Base’s military personnel and surrounding community come together annually to remember the historical site, here in South Korea. (U.S. Army photo by Staff Sgt. Jesse Untalan)

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While many Airmen around the world are now enjoying the benefits of this modified uniform, they are not authorized to be worn everywhere a traditional uniform is allowed. The shorts may only be worn on the flight line and the flight line dining facility and members must change out of them before leaving those areas.

After working through the mechanics of how to purchase the shorts, the 18 MXG resource advisors researched what type of shorts were most appropriate for the flight line, finally choosing those typically worn in the maintenance and construction fields in the civilian sector. The shorts are tough, flexible

and stain-resistant and Airmen noticed the desired effect almost immediately.

“I’m always hot out on the flight line,” said Airman 1st Class Richard Flagg, 67th Aircraft Maintenance Unit crew chief. “Even at night I’m hot outside so these shorts are really nice for keeping cool.”

Along with the work shorts allowing Airmen to be more productive and comfortable in their work environment, they also came with the added bonus of allowing them to enjoy the cool, island breeze.

“I think this will improve morale and productivity,” Flagg said. “If you feel bad then you’re probably not going to be as productive

compared to if you’re comfortable. I know when I feel good I want to work harder.”

Austin explained the shorts will assist Airmen from overheating in temperatures over 90 degrees Fahrenheit and humidity levels that climb to 95 percent—which is typical of Okinawan summers—while allowing them to proficiently perform at a more consistent level throughout their shifts.

“Wearing these shorts on the flight line is such a cool and unique opportunity for us,” Austin said. “Being able to have happier, more productive Airmen is always the goal, so we can continue to build and maintain a more lethal force.”



18th Maintenance Group Airmen are issued maintenance shorts for the first time Jan. 14, 2020, at Kadena Air Base, Japan. The shorts are intended to alleviate some of the heat stress maintenance Airmen experience while operating under the hot Okinawa sun. (U.S. Air Force photo by Senior Airman Rhett Isbell) ▲

U.S. Air Force Airman 1st Class Christopher Swint, and Senior Airman Bryan Poole, 18th Component Maintenance Squadron hydraulics specialists, perform maintenance on an F-15C Eagle landing gear Jan. 14, 2020, at Kadena Air Base, Japan. Airmen from the 18th Maintenance Group who work on the flight line are now authorized to wear shorts to help alleviate some of the heat stress brought on by the Okinawa climate. (U.S. Air Force photo by Senior Airman Rhett Isbell) ▼





NASA astronaut U.S. Army Col. Andrew Morgan participates in extravehicular activity (EVA) #57 with NASA Astronaut Christina Koch, Oct. 11, 2019, to upgrade the International Space Station's solar array batteries. Morgan, with one of the station's four solar arrays in the background, is on the most extreme port side of the ISS during this EVA. Morgan is the commander of the U.S. Army Space and Missile Defense Command's Army Astronaut Detachment at Johnson Space Center, Texas. (Photo Credit: NASA Astronaut Christina Koch)

Army astronaut to administer oath of enlistment from space

By Amanda Surmeier, USAREC

FORT KNOX, Ky. -- U.S. Army Recruiting Command is partnering with NASA and Space Center Houston to host the first nationwide oath of enlistment from the International Space Station on Feb. 26, 2020.

Army astronaut Col. Andrew Morgan will administer the oath on a live broadcast to more than 800 Future Soldiers at more than 100 locations across the country and will answer questions from participating schools.

"This is an incredible opportunity for us to partner with Space Center Houston to recognize future Soldiers across the nation with a truly unique experience," said Brig. Gen. Patrick Michaelis, USAREC deputy commanding general, who will facilitate the ceremony and question-and-answer session with Morgan. "This is the first event of its kind and will allow us to show the nation the breadth and depth of opportunities the Army offers today's youth."

Morgan is part of the U.S. Army Astronaut Detachment, which supports NASA with flight crew and provides engineering expertise for human interface with space systems. He is an emergency physician in the U.S. Army with sub-specialty certification in primary care sports medicine and was selected to become an astronaut in 2013.

Morgan is a combat veteran with airborne and ranger tabs and has also served as a combat diver. As an astronaut, he has completed seven spacewalks and one space flight to the International Space Station. He will share some of his Army story and his experiences in space during the 20-minute live call with Future Soldiers.

The Army and NASA have been working together for more than 60 years. While there are currently only three active-duty astronauts in the U.S. Army, the detachment is only a small fraction of the Army's space assets.

The Army is the largest user of space-enabled systems, often for communications and intelligence. Army operations are critically reliant on space services and capabilities, as Soldiers need satellites in space to help them see, shoot, move and communicate.

"We need qualified and innovative people to help us continuously adapt to the changing world," Michaelis said. "The young men and women who will begin their Army story with the incredible experience with Col. Morgan are part of our future. They will perform the traditional jobs most people associate with the Army, like infantry and armor, but they will also take on roles many people don't realize we do -- highly technical and specialized careers in science, technology, engineering and math."

The oath of enlistment ceremony and question-and-answer session with Morgan will stream live on NASA TV, DVIDS, and U.S. Army Facebook and YouTube pages.



Working in minus 30-degree temperatures, aircrews from McConnell Air Force Base, Kan., and Wright Air National Guard Base, Utah, train in the same arctic conditions in Interior Alaska that aircrews at Eielson AFB, Alaska, routinely work in, Jan. 29, 2020. The visiting Airmen experienced what it takes to keep the KC-135R Stratotanker in a 'ready state' in sub-zero temperatures. (U.S. Air Force photo by Senior Airman Amber Bowers)

Staff Sgt. William Coleman, 96th Civil Engineer Squadron, practices ascending a four-story vertical wall as part of the rescue technician course Jan. 16, 2020, at Eglin Air Force Base, Fla. The Department of Defense Fire Academy course provides hands-on high elevation rescue, rappelling and moving in confined spaces training for firefighters. (U.S. Air Force photo by Samuel King Jr.) ▶



Airman 1st Class Nathan Ortiz, right, and fellow tactical air control party apprentices assigned to the 3rd Air Support Operations Squadron engage simulated opposing forces while conducting small unit training at Joint Base Elmendorf-Richardson Alaska, Feb. 12, 2020. The small unit training reinforced fundamental combat skills and fostered team cohesion under physical and mental stress. (U.S. Air Force photo by Alejandro Peña) ▼



Briona Carswell, an Air Force Academy cadet, performs on a balance beam during a gymnastics meet against Illinois State and Seattle Pacific at the Air Force Academy's Cadet Gymnasium in Colorado Springs, Colo., Feb. 8, 2020. (U.S. Air Force photo by Bill Evans) ▲



SMOKING SAFETY

If you smoke or live with someone who smokes, learn the facts. A lit cigarette accidentally dropped onto a chair or bed, hot cigarette ashes or matches tossed away before they are completely extinguished can ignite a fire in seconds.



Smoking & Home Fire Action Steps:

- If you smoke, smoke at the designated area.
- Whenever you smoke, use deep, sturdy ashtrays.
- Keep matches and lighters up high out of children's sight and reach.
- To prevent a deadly cigarette fire, you have to be alert. You won't be if you are sleepy, have been drinking, or have taken medicine or other drugs.
- Before you throw out butts and ashes, make sure they are out, and dousing in water or sand is the best way to do that.
- Never smoke in a home where oxygen is used.

(REF: U.S. Fire Administration)

All areas will be considered "NO SMOKING" areas unless a "DESIGNATED SMOKING AREA" sign is posted. Any questions, feel free to reach out to Fire Prevention Office at 784-4834 or 4835.

OSAN CITY'S ENGLISH PROGRAM FOR MIDDLE SCHOOL STUDENTS



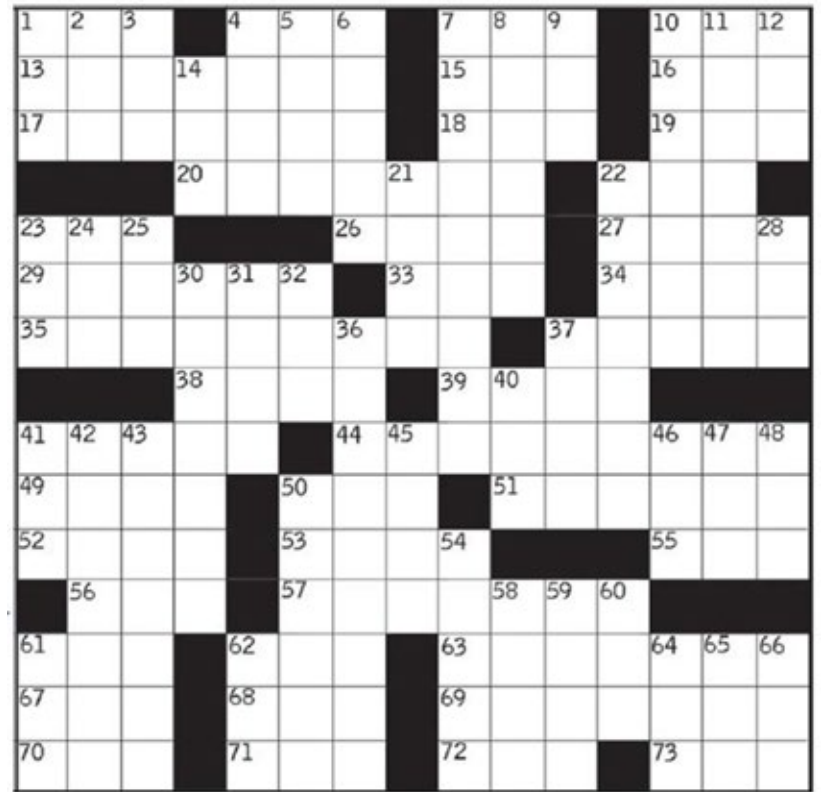
As part of the Good Neighbor Program, 7th AF Public Affairs has been supporting the conversational English program organized by the Osan City Mayor for middle school children in Osan city. The program is in need of volunteers who will assist and teach conversational English to the students for the 2020 first semester.

The program occurs every Thursday from 5 March 2020 to 23 July 2020. Transportation is provided from Checkertails at 1540 and will return 1830 each Thursday. If you are interested in this "Adopt-A-School English Tutoring Program", please contact 7 AF/PA Ms. Yom, Kyong Suk via email kyong_suk.yom.kr@us.af.mil or DSN 784-4724, cell phone 010-4736-7979.

LEGAL NOTICE: Any having knowledge of claim for or against the estate of Mr. John T. Testa's, 8th Civil Engineer Squadron, 8th Fighter Wing, please contact the Personal Property Representative 1Lt Jacob Pond at DSN: 782-5688 or Cell: 010-6496-0252 or via email: jacob.pond.1@us.af.mil.

The Crossword

By Jon Dunbar



ACROSS

- 1 Comedian Margaret
- 4 Sweet potato
- 7 Truce Village
- 10 Not a big corporation
- 13 Small town
- 15 Hearing organ
- 16 Star Wars character Solo
- 17 Cosmic
- 18 Mineral
- 19 California fort
- 20 Olympic ice sport
- 22 Online laughter
- 26 U2 guitarist
- 27 Object
- 29 Wimbledon sport
- 33 CIA predecessor
- 34 Caffe ____
- 35 Skiing or swimming event
- 37 Special Forces hat
- 38 CTRL+U

- 39 Opposite of under
- 41 Earp or Cenac
- 44 Pepper spray advantage
- 49 Found under a hat
- 50 Korean movie theater chain
- 51 Korean punk rock band ____ Nut
- 52 Ladies' fingers
- 53 October birthstone
- 55 U-boat
- 56 WWW address
- 57 Painkiller
- 61 Time to arrive
- 62 GATT replacement
- 63 Northern and southern lights
- 67 Crimefighting scientist
- 68 Charged particle
- 69 Goes with figure or speed
- 70 Approved
- 71 Oil tanker cargo
- 72 Electric fish
- 73 Banned pesticide

DOWN

- 1 Corner store
- 2 Strike
- 3 Good ____ boy
- 4 Korea-China river
- 5 Growth medium
- 6 Singer Haggard
- 7 Olympic county
- 8 Drill instructors
- 9 Where ____ you?
- 10 Biathlon athlete
- 11 Actress Dietrich
- 12 Opposite of begin
- 14 US company that doesn't pay taxes here
- 21 K-pop star
- 22 Freedom
- 23 Online exclamation
- 24 Opposite of him
- 25 Five minus four
- 28 Rendezvoused
- 30 ____ Nations Supervisory Commission

- 31 Opposite of is
- 32 HPV or gonorrhea
- 36 Gangwon Province ski resort
- 37 Cass or Hite
- 40 PC media player
- 41 Keith Moon's band
- 42 Siberian city
- 43 Siren cause
- 45 Speed skating rink
- 46 Opposite of hers
- 47 Mesopotamian sky god
- 48 A Paveway explosive
- 50 Goes with tail or mouth
- 54 Rent contract
- 58 Atomic attack
- 59 Spoken word
- 60 Many
- 61 ____-friendly
- 62 Actor Wheaton
- 64 Eliminate
- 65 Mergers ____ acquisitions
- 66 An NCO

Answers to Previous Crossword

ACROSS

- 1 STARR
- 6 SOJU
- 10 SLID
- 14 KAKAO
- 15 LAOS
- 16 HITE
- 17 ADAPT
- 18 ITEM
- 19 EUSA
- 20 CFC
- 22 CPR
- 24 SOUP
- 28 TEAR
- 31 EMAIL
- 35 KATUSA

- 37 BARRACKS
- 39 IRISH
- 40 MESS
- 41 NEED
- 42 HUE
- 44 OSS
- 46 ISNT
- 50 STUN
- 52 KOREA
- 57 QUARTERS
- 59 CYBORG
- 60 SEPIA
- 61 OAHU
- 63 SHAM
- 64 DOD
- 66 OPS
- 68 GATE
- 71 OPCW
- 74 OPSEC
- 79 AFKN

- 80 DIAZ
- 81 FIELD
- 82 SNOT
- 83 OGRE
- 84 ATOMS

DOWN

- 1 SKA
- 2 TAD
- 3 AKA
- 4 RAP
- 5 ROTC
- 6 SLICE
- 7 OAT
- 8 JOE
- 9 USMC
- 10 SHERMAN
- 11 LIU
- 12 ITS

- 13 DEA
- 21 FTA
- 23 PER
- 24 SKI
- 25 OAR
- 26 UTI
- 27 PUS
- 29 ABE
- 30 RASON
- 32 ACE
- 33 IKE
- 34 LSD
- 36 SHH
- 38 RSS
- 40 METRO
- 43 USE
- 45 SKY
- 46 IQS
- 47 SUE
- 48 NAP

- 49 TRIDENT
- 51 USA
- 53 OBS
- 54 ROH
- 55 ERA
- 56 AGM
- 58 TAO
- 59 CUP
- 62 HOWZE
- 65 DODO
- 67 SOFA
- 68 GAS
- 69 AFN
- 70 TKO
- 72 PIG
- 73 CAR
- 75 PIT
- 76 SEO
- 77 ELM
- 78 CDS

Kunsan

- KUNSAN PHOTO CLUB -

Interested in sharing your photography experience with others and exploring Korea along the way? Have a camera, but want to learn how to use it more completely? Then join the Kunsan Photo Club as they delve into the finer qualities of photography where the key concept is: "It's not the camera that makes a great photo, but the photographer." If interested in joining, the group can be found on Facebook, just search for "Kunsan Photo Club."

- WOLF PACK LODGE -

Lodging Space A Policy
Need a break? Got family visiting and no room to house them? You can book

lodging rooms on a space available basis up to 120 days in advance for a maximum of 30 days depending on availability. You can also book reservations for the holiday season (November and December) up to 30 days in advance for a maximum of 15 days. (Depending on availability) Book now for all of those relatives coming for the holiday!

Reservations – Front Desk-DSN 782-1844 or Commercial (82)63-470-1844
FAX: DSN 315-782-0633 Commercial (82)63-470-0633

- SUNDAY SONLIGHT DINNER -

Every Sunday, volunteers from a spe-

cific unit cook dinner for their fellow Wolf Pack members at the Sonlight Inn. The dinner begins at 6 p.m. following grace led by a chaplain. Meals range from "breakfast for dinner" to "Italian cooking" to "Southern style." For more information or to volunteer, contact the chapel at 782-HOPE.

- SPONSOR TRAINING -

Learn creative ways to assist newcomers reporting to Kunsan AB. Registration required. Class is held at the Airman and Family Readiness Center. Call 782-5644 for more information, dates or to sign up.

- ROKAF ENGLISH CLASS -

Team 5/6 is looking for volunteers to support the ROKAF English class every Saturday, at the Sonlight Inn. You will be talking to ROKAF Airmen (enlisted) for approximately one hour. This event is open to all ranks! Civilian attire is preferred, however, UOD is allowed. For more information, contact Staff Sgt. Charles Nelson.

- PING PONG TOURNAMENT -

Free to all. Prizes for first and second places. Prizes include Wolf Pack Won. To sign up, dates or for more information, call the CAC at 782-5213 or 4679.

Osan

DFAC CLOSURES - GINGKO TREE (6-7 MAR):

The Ginkgo Tree Dining Facility will be closed 6-7 Mar for preventative maintenance. Pacific House Dining Facility will host midnight meal and flight kitchen meals during this time.

SEMI-ANNUAL 100% MUNITIONS INVENTORY:

The 51st Munitions Squadron will be closed Mar 9th to Mar 13th for a 100% inventory. Issues, turn-ins and other request will not be supported during those dates. All needs must be requested and coordinated prior to Mar 4th.

51 FW / JA ARTIST SEARCH: Do you want your name to be on our wall next to your creation? The 51FW Legal office is looking for a talented artist who would be interested in painting a mural in our office for all to see!

MUSTANG UNIVERSITY: Mustang University provides opportunities to connect with the community with over 60 classes and activities. Credits are awarded, culminating in a Coining by the 51st Command Chief.

TAX SEASON: Tax season is quickly approaching and all are encouraged to start collecting their required documents today. Virtual currency is taxable and the IRS is tracking, so be sure to include all income on your tax return. Check the rules and regulations concerning your state, file a state income tax return if required. Osan AB will not offer Volunteer Income Tax Assistance (VITA) services this year. Assistance will be available for active duty members through Military One Source www.militaryonesource.com. <https://www.irs.gov/indi->

viduals/military contains information for military personnel and will post updates to assistance offered by the IRS.

FEDERAL VOTING ASSISTANCE PROGRAM:

The 2020 election season is approaching. The Federal Voting Assistance Program (FVAP) allows all US citizens to vote while their away from their voting jurisdiction. To register and request a ballot, fill out the Federal Post Card Application: fvap.gov/r3/fpca/state. You may also pick up a hard copy from the Installation Voting Assistance (IVA) Office, Bldg. 769 M-F 0800-1700. New Hampshire and South Carolina hold their primary election in Feb, register today to ensure receipt of the ballot. For more information fvap.gov or the Installation Voter Assistance Office at 784-5440.

OSAN YOUTH SPORTS OFFICIALS AND SCOREKEEPERS:

Officials and scorekeepers are needed for all of Osan's Youth Sports and Intramural Sports games. Qualified personnel receive training and pay for working these games. If interested, please send a short text to Dave Moysey at 010-2188-5528.

THRIFT STORE VOLUNTEER OPPORTUNITY:

Team Osan Spouse's Club owns and operates the Osan AB Thrift Shop as a nonprofit organization. The income raised through operating the Thrift Shop is given back to the Osan community through community grants and scholarships. Volunteers are always needed to help sort, price and organize items received. Please contact the Thrift Store Manager at

thriftshopmanager@teamosansc.com for more information.

TUTORING VOLUNTEER OPPORTUNITY:

We have a tutoring opportunity for grade school to young adults, on base, for all subjects, especially the sciences, technology, engineering, and mathematics (STEM). In order to be a volunteer, applicants would have to complete a coach/volunteer application and background check. Interested participants can get additional information at our "Osan AB Tutoring" Facebook page <https://www.facebook.com/osantutors/> We meet every Wednesday & Thursday from 1630-1830 at the Base USO.

51 FSS/FSDE MILTA BRIEFINGS:

The Education Center offers the Military Tuition Assistance (MilTA) Briefing every Tuesday at 0800 and Thursday at 1500 in Bldg. 788, Rm 26. The briefings are held twice a week to aid in capturing shift workers. This briefing is required for first time users of Tuition Assistance and for members who received an AFVEC notification that follow up counseling is required. No sign up needed. If you have any questions concerning MilTA, please contact the Osan Education Center at 784-4220.

GO GIRLS GO 5K RUN:

5K Run/Walk to finish off the season of the Go Girls Go running club (3rd-5th grade girls). Come out to join them, get a great workout in, or just make signs and cheer! We are also looking for volunteers for the water stations and road guards.

OSAN BASE HONOR GUARD "TO

HONOR WITH DIGNITY": Are you highly motivated, dedicated to excellence, and want to be among the sharpest? If the answer is yes, the Osan Honor Guard Team welcomes you! Join us for practice every Tues & Thurs at 1600!

VOLUNTEERS FOR TEAM OSAN INNOVATION EFFORT:

Osan Innovation Team is seeking volunteers to become council members that are eager to take the Osan innovation cell to the next level. Email org box for list of open positions/descriptions.

OSAN ELEMENTARY SCHOOL FIELD DAY:

Osan Elementary school is seeking 100+ volunteers to host stations during Field Day on May 22. The first planning meeting will occur on February 28th and all volunteers should reach out by Feb 7 to sign up.

DR. SEUSS WEEK:

Dr. Seuss Week is a week long celebration of reading. Great volunteer opportunity with tasks ranging from daily readers, décor set up and breakdown.

OSAN ELEMENTARY SCHOOL CAREER DAY:

Osan Elementary School needs your help to conduct our Annual Career Day Event. Volunteers will provide presentation on their specific career field to OES students.

DOWN RANGE DEPLOYMENT DONATIONS:

Red Cross is unpacking 5 pallets of items to send around Korea & downrange. We need your help unpacking, sorting, repacking. https://volunteerconnection.redcross.org/?nd=vms_public_form&form_id=7469

Kunsan's emergency phone numbers

Emergency Services	911		
Off Base/Cell Emergency	063-470-0911	Nurse Advice Line	1-800-723-8255
Crime Stop: (to report a crime)	782-5444	IG Complaints FWA Reporting:	782-4850 (duty hours) 782-4942 (anytime)
Base Locator: (after duty hours)	782-4743	Chaplain (After duty hours)	782-6000
Law Enforcement desk	782-4944	Sexual Assault Response Coordinator (SARC)	782-7272
Emergency Leave / Red Cross		782-4601 (on base) 1-800-733-2761 (anytime)	

Osan's emergency phone numbers

Emergency Services (Fire, Medical, Security Police)	911	Commander's Hotline	784-4811
Off Base/Cell Emergency	031-661-9111	Crime Stop: (to report a crime)	784-5757
Emergency Room:	784-2500	IG Complaints FWA Reporting:	784-1144
Base Locator: (after duty hours)	784-4597	Emergency Leave	784-7000
Force Protection Information Hotline:	115	Sexual Assault Response Coordinator (SARC)	784-7272
Chaplain (After duty hours)	784-7000	Security Forces Control Center	784-5515

An HH-60G Pave Hawk helicopter operated by the 56th Rescue Squadron flies over Aviano Air Base, Italy, Feb. 12, 2020. The 56th RQS integrates with the Guardian Angels weapon system and other special forces to support insertion, extraction and recovery of both U.S. and allied combatants. (U.S. Air Force photo by Airman Thomas S. Keisler IV) ▶



United Launch Alliance's Atlas V rocket carries the Solar Orbiter into space as it launches Feb. 9, 2020, at Cape Canaveral Air Force Station, Fla. The Solar Orbiter is a sun-observing satellite that performs measurements of the inner heliosphere and close observations of the polar regions of the sun. (U.S. Air Force photo by Joshua Conti) ▼



A U.S. Air Force F-16 Fighting Falcon assigned to the 80th Fighter Squadron "Juvats" takes off for a routine training flight at Kunsan Air Base, Republic of Korea, Feb. 11, 2020. The 80th FS is one of two fighter squadrons assigned to the 8th Fighter Wing. The squadron was activated during World War II in 1942, as the 80th Pursuit Squadron. (U.S. Air Force photo by Staff Sgt. Mackenzie Mendez) ▲

Col. Dan Walls, left, 23rd Wing commander, Senior Airman Austin Webster, 23rd Operations Support Squadron radar, airfield and weather systems journeyman, and Airman Jacob Carline, 23rd OSS RAWs apprentice, rappel down a radio antenna tower during an immersion tour Feb. 10, 2020, at Moody Air Force Base, Ga. (U.S. Air Force photo by Senior Airman Erick Requadt) ▼



Airman 1st Class Eric Walker, 911th Aircraft Maintenance Squadron crew chief, enters a C-17 Globemaster III at the Pittsburgh International Airport Air Reserve Station, Pa., Feb. 7, 2020. Crew chiefs work in all kinds of weather, including freezing temperatures, to maintain operational readiness. (U.S. Air Force photo by Joshua J. Seybert) ◀

Spiritual Charge

THE SILENT ASSASSIN



By Chaplain,
Lt Col Dwayne A. Jones

I want to warn you about the silent assassin that will end your career, dreams, and personal goals. It is said that Ninjas are silent assassins. They move in the shadows of darkness. They are experts in lethal weapons, such as the fanged bows, swords, stars, short blades.... You don't see them coming, they are covert and deadly.

Procrastination is like a silent assassin it will destroy you from the inside out. Procrastination will manipulate your mind; take your aspirations and hold your endeavors hostage. It is deadly! There are four weapons procrastination will

use to take you out: complacency, lack of motivation, distraction, and indecisiveness.

The first weapon is complacency. This is a nice way to say lazy. Complacency is a weapon that gets you to feel that your dreams will happen by osmosis. This weapon attacked me a few times in college. I would wait until the night before to study for a big test, knowing the consequences if I didn't do well on the test. Complacency makes you numb to the consequences. Hence, my grades were Cs & Bs when they could have been As, the tests were not difficult. Procrastination attacked me with the weapon of complacency.

Life application: don't put off today for tomorrow. There is truth in the old saying, "The early bird gets the worm." I know of a person who would have been promoted to the next rank only if he had completed his professional development education (PME), but he kept pushing it back for tomorrow, and tomorrow never came. Put your back foot forward everyday...do all you can today because tomorrow is not promised.

The second weapon is lack of motivation. Some days you just don't feel like doing anything. You are having a bad day--I get it. However, there are some people

who don't feel like doing anything every day. When a person lacks enthusiasm, it is easy for the lack of motivation to take the person out of the game. When a person has no energy to fight back or fight for what they want, they are destined for unfilled accomplishments. Do you know of service members who want to be promoted to the next rank, but they don't want to study their CDCs or PME? A person who lacks motivation, drive, and passion is destined to fall short of their dreams and goals.

Life application: when you discover your passion, you will find motivation to that which you love. Lack of motivation has the proclivity to cause people to wake up only to discover that life has past them by. What is your motivation? Find your passion and motivation, and you will find your destiny.

The third weapon is distraction. This weapon is lethal. It can take out a person with passion, drive and motivation. This weapon will take you down roads that glitter like gold but delivers disappointment like a thunder storm. I know service members who were "super stars on the team" and got distracted, and traveled the road of fame and glitter, and that road led to nowhere. One lethal distraction can take you thousands of miles

from your destination.

Life application: the best way to defeat the distraction weapon is to stay focused on your dreams and goals. Stay focused on the mission--stay ready to fight to night.

The fourth weapon is the inability to make a decision (indecisiveness). Some people may call this poor judgment. This is the grandmaster of them all. Procrastination can take you out with little effort if you do nothing. While serving in the United States Army, it was drilled into us, whatever you do, make a decision. Make the best decision with what data you have and move forward. The inability to decide paralyzes the mission. Moreover, it stagnates your personal ambitions.

Life application: some people are reluctant to make a decision because they are afraid of failing or not getting it right. Well, every decision we make is subject to human error. Decision-making strongest allies are adaptability and transformation. Avoid indecisive behavior, and partner with proactive decision-making.

Finally, beware of the silent assassin; you can defeat this assassin with diligence, enthusiasm, vigilance, and strategic planning. Victor Liam said it best, "Procrastination is opportunity's natural assassin."

CHAPEL SCHEDULE

KUNSAN AIR BASE

Protestant Services
Gospel Service
Sunday, 11:30 a.m.
Main Chapel, Bldg. 501
Contemporary Service
Sunday 5 p.m.
Main Chapel, Bldg. 501

Catholic Services
Sunday Catholic Mass
Sunday, 9:45 a.m.
Main Chapel, Bldg. 501
Daily Mass and Reconciliation
Please call the Chapel

Other Worship Opportunities
LDS Service
Sunday, 1:00 p.m.
SunLight Inn, Bldg. 510

Point of Contact:
Kunsan Chapel, 782-HOPE

Visit us on SharePoint:
<https://kunsan.eis.pacaf.af.mil/8FW/HC>

OSAN AIR BASE

Protestant Services
-Community Service @ 1030
-Gospel Service @ 1230
Regular Occurring Ministries:
PYOC: (Middle School & High School Students)
- Mondays—1830-2000 @ Chapel Spiritual Fitness Center.
PCOC: (AWANA)
- Wednesdays @ Chapel. Age 3 to 6th grade meet 1800-1930 & grades 7th-12th meet 1700-1800.
PMOC: (Men)
- Tuesdays - 1830 @ Chapel Annex.
PSOC: (Singles & Unaccompanied) "Osan Hospitality House"
- Bible Studies:
*Saturdays - 1900 @ Hospitality House. Dinner is provided.
Sundays - 1700 @ Community Center, Classroom #3.
- Game Night:
*Fridays - 1900 @ Hospitality House. Dinner is provided.
*Van pickup: Fridays: Chapel @ 1730, Mustang CTR @ 1735.
Saturdays: Chapel @ 1830, Mustang CTR @ 1835.
PWOC: (Women) "PWOC Osan AB"
- Mondays 1800-2000, Tuesdays 0845-1100 @ Chapel Annex (Child Watchcare provided) & Sunday 1600-1730 @ Posco Apartments.
MOPS: Join us for OSAN MOPS!
- Meet twice a month on Wednesday @ the Chapel Annex
Contact: osanmops@gmail.com

Apostolic Pentecostal
Apostolic Connection Church
Bible Study: Osan Chapel Sanctuary, Mondays
7PM-8PM

Catholic Mass
Weekend Masses
Saturday Mass (Sunday obligation), 5 p.m.
Saturday, Also Confessions, 4 p.m.
Sunday Mass, 8:30 a.m.
Tuesday-Thursday Mass, 11:30 a.m.
Friday Mass, 5 p.m.

Catholic Ministries
Catholic Religious Education
Sunday, 10-11 a.m., Chapel annex
Korean Prayer group
Tuesday, 9:30 a.m., Blessed Sacra Chapel
Faith formation class/bible study Wednesday, 6:00 p.m., Chapel annex
Catholic Men of the Chapel (CMOC) Wednesday, 7:00 p.m., Chapel annex
Catholic Women of the Chapel (CWOC) Thursday, 5:30 p.m., Chapel annex
hall
Catholic Family social meal (Free) Friday, 6-7:30 p.m., Chapel annex hall
Catholic Family social meal (Free) Saturday, 6-7:30 p.m., Chapel annex hall

Knights of Columbus & Baptism classes
Meet monthly, Pls call 784-5000

Other Faith Groups
Earth-Based (Contact the Chapel)
Jewish (Contact the Chapel)
Muslim (Contact the Chapel)
Buddhist (Contact the Chapel)
LDS Sunday, 1 p.m., Contact the Chapel

Point of Contact:
Osan Chapel, 784-5000

Visit us on SharePoint:
<https://osan.eim.pacaf.af.mil/51FW/51FW-HC/default.aspx>
Visit us on Facebook (OSAN AB CHAPEL)
<https://www.facebook.com/OsanABChapel>

USAG-YONGSAN

Protestant Services
Traditional Service
Sunday, 9:30 a.m.
Memorial Chapel, Bldg 1597
Sunday, 9:30 a.m.
Brian Allgood Hospital Chapel
Contemporary Service
Sunday, 9 a.m.
South Post Chapel, Bldg 3702
Sunday, 10:30 a.m.
K-16 Chapel
Nondenominational Service
Sunday, 11 a.m.
South Post Chapel, Bldg 3702
Gospel Service
Sunday, 1 p.m.
South Post Chapel, Bldg 3702
Pentecostal
Sunday, 1:30 p.m.
Memorial Chapel, Bldg 1597
Latter Day Saints (LDS)
Sunday, 4 p.m.
South Post Chapel, Bldg 3702
Seventh-Day Adventist
Saturday, 9:30 a.m.
Brian Allgood Hospital Chapel
KATUSA
Tuesday, 6:30 p.m.
Memorial Chapel, Bldg 1597

Catholic Mass
Sunday, 8 a.m.
Memorial Chapel, Bldg 1597
Sunday, 11:30 a.m.
Memorial Chapel, Bldg 1597
Saturday, 5 p.m.
Memorial Chapel, Bldg 1597
1st Saturday, 9 a.m.
Memorial Chapel, Bldg 1597
M/W/T/F, 11:45 a.m.
Memorial Chapel, Bldg 1597
Tuesday, 11:45 p.m.
Brian Allgood Hospital Chapel

General Service
Episcopal Service
Sunday, 11 a.m.
Brian Allgood Hospital Chapel

Jewish
Friday, 7 p.m.
South Post Chapel, Bldg 3702



Point of Contact:
USAG Yongsan Religious Support Office, 738-3011
Visit us on SharePoint:
<http://www.army.mil/yongsan>

Air Force Wounded Warrior program helps Airman rebuild herself

By Airman 1st Class Erin Baxter
15th Wing Public Affairs

JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- The Air Force Wounded Warrior program helps rehabilitate service members who were wounded or fell ill during duty.

This week, a U.S. Pacific Air Forces Wounded Warrior CARE event is taking place to help celebrate and support the spiritual, mental, and physical well-being of the service members turned athletes.

One of the participants is Senior Airman Faith Donato, 647th Security Forces Squadron. Due to a tragic accident and diagnosis of fibromyalgia, she will be medically retired in late February.

"In 2016, she was struck by a tour bus," said former U.S. Marine Cpl. Michael Donato, Faith's husband and caregiver. "She was pinned and twisted pretty badly, and it caused nerve damage in her upper back."

From there, she was moved to an administrative job due to her injury, but the pain started increasing.

Mayo Clinic describes fibromyalgia as widespread musculoskeletal pain that can come in conjunction with sleep deprivation, mood issues, and fatigue. It is genetic, but it can surface or worsen via severe psychological or physical stress, which is why Faith's condition degraded after her accident.

"On a good day, she might be able to run," Michael said. "On a bad day, she can barely walk."

After being placed on medical leave, Faith underwent a medical examination board. During this process, the Donato family first learned about the AFW2 program. Hesitantly, the couple started attending in January of 2019.

"She was depressed and very unhappy, and it was a nightmare for both of us," Michael said. "This program saved her life, my life, and our marriage. It's wonderful that we have these kinds of resources available to us."

Although Michael originally planned to retire with the Marine Corps, he finished his 4-year tour and separated to ensure his wife is cared for.

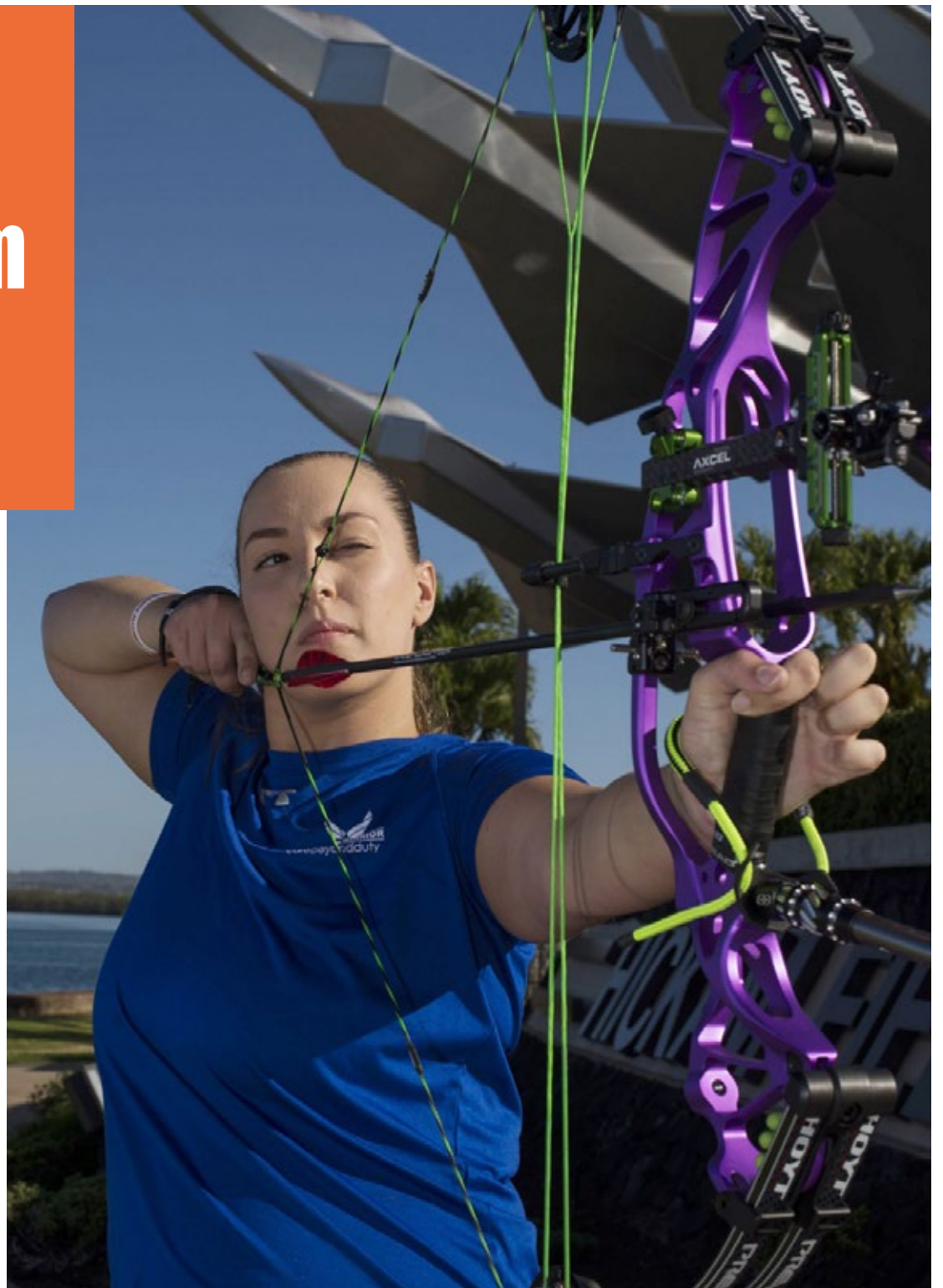
"I couldn't in good conscious leave my wife at home and be gone for six months at a time," Michael said. "I had to completely change my life's plan, but that's what you do for people you love."

"When I started my healing journey, I had to become a new version of myself," Faith said. "With this program, we were able to work on our healing both individually and as a couple."

Through their hardships, they've both managed to become better and happier thanks to their involvement with AFW2.

"Our limits were tested because we were literally at rock bottom," Faith said. "Being able to grow in this program together allowed us to reconstruct our relationship from the ground up. We came into this program broken, but now we have the foundation to rebuild."

Editor's Note: CARE stands for: Caregiver, Adaptive Sports & Ambassador, Resiliency & Recovering Airman Mentorship, and Empowerment in Transition.



Senior Airman Faith Donato, 647th Security Forces Squadron, poses with her bow and arrow. Donato will serve as an alternate at the 2019 Wounded Warrior Games held this summer in Tampa, Florida. (U.S. Air Force photo by Tech. Sgt. Heather Redman)



Air Force Wounded Warrior caregivers gather and speak on their personal experiences at the Sheraton Waikiki, Honolulu, Hawaii, Jan. 28, 2020. The AFW2 Caregiver Support program connects caregivers with each other, establishes networks, and provides coping tools that will help them learn, grow, and develop in the most fulfilling way possible. (U.S. Air Force photo by Staff Sgt. Jasmonet Jackson)

Shopping Checklist for Korea



You're about to head home after an amazing time in Korea when the thought strikes you, "What would be the perfect gift to give people?" You'll want something unique but not too large or expensive. If you're at a complete loss, don't worry; simply buy the following items and your shopping checklist will be crossed off in no time!

▼ Laver

Korean laver should be at the top of every visitor's list. A simple yet nutrient-packed food, laver can be eaten as a side dish with rice or even by itself for a snack on the go. Laver, dried in the sea breeze, has a naturally salty taste. However, these days you can find a variety of flavored laver, from kimchi and wasabi to charcoal grilled beef! Laver also comes in many different sizes, from full sheets like used when making gimbap to shredded laver for garnishing dishes.

- Sales location: Supermarkets, convenience stores, traditional markets (Flavored laver may be difficult to find outside of Seoul)
- Price: Varies by size & brand, starting from 1,000 won



▲ Oreo O's

Oreo O's was a breakfast cereal loved by '90s kids in America. Sadly, it was discontinued throughout the world in the early 2000s, excluding Korea, where a contract loophole allowed for continued production. News of this spread through social media, with some people even buying Oreo O's from Korea through online auction websites at exorbitant prices. Due to popular demand, the production of Oreo O's has resumed in America, although the original crème-flavored marshmallows are missing. If your friends are '90s kids, don't deny them the chance to enjoy the Oreo O's they fell in love with!

- Sales locations: Supermarkets, convenience stores, traditional markets, online shops
- Price: Varies by size, starting from 5,000 won (500g box)



▶ Brownies

When it comes to giving food as a souvenir, most Korean snacks are a safe bet. Market O Real Brownie in particular is quite popular. The taste of the brownies is as decadent as the packaging of the individually wrapped snacks. The brownies come in many flavors, from the standard rich chocolate to green tea-flavored and chocolate-covered orange. If you can't decide which type to buy, pick up a mixed box!

- Sales locations: Supermarkets, convenience stores, traditional markets, online shops
- Price: Varies by size, starting from 1,000 won (NEW Market O Real Brownie)





◀ Spicy chicken seasoning sauce

The safe choices of bibimbap and bulgogi have lost their role as the favorite Korean foods among foreigners. These days, Korean fried chicken reigns supreme! We know how difficult it is to explain the sweet and spicy flavored marinade that makes Korean fried chicken so special. Thankfully, you won't have to explain it in words; with store-bought spicy chicken seasoning sauce, you can show your friends and family exactly what you fell in love with!

- Sales locations: Supermarkets, convenience stores, traditional markets, online shops
- Price: Varies by size, starting from 2,000 won (200g bottle)

▶ Socks

Stationery shops are filled with cute items, perfect for small souvenirs. As strange as it might sound, socks are one of the most popular items. What make Korean socks so unique are the colorful designs, from tamer striped socks to wild and crazy socks with popular cartoon characters. The low price also helps in making these some of the bestsellers; starting from around 1,000 won, it's hard to resist buying them all. If you're looking for socks that really represent Korea, look for yosul boseon, meaning magic socks. Typically worn by grandmothers in Korea, the colorful designs and thermal lining make them a unique and useful souvenir, especially for winter months!

- Sales locations: Stationery stores, supermarkets, traditional markets, online shops
- Prices: Varies by shop, starting from 1,000 won (Some shops only accept cash)



◀ Sheet masks

Koreans are known for the extreme lengths they go through for clear, dewy skin. However, the daily 12-step regimen is a lot of work. Thankfully, K-beauty products pack a heavy punch so even if you just adopt a one-step regimen, you're sure to see the results! The easiest way to share the amazing power of K-beauty products with your friends is by giving sheet masks. Often sold BOGO or even as ten+ten, these individually sealed items come in a variety of styles for any skin type.

- Sales locations: Cosmetic shops, stationery stores, traditional markets, online shops
- Price: Varies by brand, starting from 1,000 won

▶ Drinking glasses

Drinking is a huge part of Korean society and foreigners can't help but pick up on the culture around it, from mixing soju and beer with ease to shouting out "gunbae" instead of "cheers." With this culture in place, it makes sense that Korea goes beyond the standard novelty shot glasses. There are the basic soju glasses and beer mugs, but Korea also sells somaek (soju and beer mixed drink) glasses showing the amounts to pour according to the drinker's ability to hold their alcohol. For family and friends who enjoy drinking, be sure to pick up some drinking glasses so you can share the Korean drinking culture!

- Sales locations: Stationery stores, supermarkets, traditional markets, online shops
- Price: Varies by product, starting from 1,000 won



Yoga for the soul

By Airman 1st Class Erin Baxter
15th Wing Public Affairs

JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- At sunset, as the ocean glimmers with fading sunlight, an Airman places down her yoga mat to help relax after a long day at work, strengthening her stability in mind and body.

Airman 1st Class Jayme Ratcliff, 324th Intelligence Squadron fusion analyst, has practiced yoga for four years, but started consistently training about two years ago. In taking her hobby to the next step, she has committed herself to receive her instructor's license so that she can teach others her skills.

Yoga is a form of meditative stretching, involving slow movements on a mat to help lengthen different parts of the body and increase strength.

Jayme said that she has wanted to teach yoga for over a year now, and is participating in a 200-hour, 8-week course to receive her instructor's license.

"Yoga has impacted my life in very positive ways," Jayme said. "Physically, I am stronger and leaner than before yoga, and mentally, I've become much more resilient. It helps me relieve my tension and stress so that I can come to work with a clear head."

Jayme dedicates up to 8 hours a week on yoga. This involves taking instructed classes at a local studio, and also self-practice at home, or on the beach. Frequently, she says she'll get up and do poses at home to stretch out her body and maintain flexibility.

"Yoga is very forgiving," Jayme said. "It is a time that I can devote to the idea that is okay to mess up and fumble and that I am strong and capable enough to succeed. It allows me to work on my strength, endurance, flexibility, mindfulness, and meditation."

Austin Ratcliff, Jayme's husband, can account for the importance of yoga to Jayme's lifestyle.

"Yoga helps Jayme release the stresses of each day as well as focus her mind on what's important to her," Austin said. "When she hasn't been to a class in a while, she has less energy and her attitude is different."

Yoga can be a great way to relieve stress and find new ways to explore the inner workings of the mind. Meditation is a large part of why so many people have tried yoga, and in combination with stretching, it can help alleviate pain from tense muscles and promote better sleep.

"I like to think of yoga as like dancing," Jayme said. "It can be a form of art that you perform, making up flows and finding creative shapes with your body. It helps me every day, allowing me to achieve a better perspective and think more positively."



A1C Jayme Ratcliff, 324th Intelligence Squadron fusion analyst, practices yoga on Hickam Beach on Joint Base Pearl Harbor-Hickam, Hawaii, Jan. 31, 2020. Jayme has been practicing yoga for four years, and is working on her license to teach it. (U.S. Air Force photo by Airman 1st Class Erin Baxter)

